

February 18-24 2018
First Sunday in Lent

Reflections for the Week
We are not in our power,
but in the power of God.
—St. Perpetua

Today's Readings [Click Here](#)

First Reading — God's covenant with Noah when he was delivered from the flood (Genesis 9:8-15).

Psalm — Your ways, O Lord, are love and truth to those who keep your covenant (Psalm 25).

Second Reading — The water of the flood prefigured baptism, which saves you now (1 Peter 3:18-22).

Gospel — This is the time of fulfillment. The kingdom of God is at hand (Mark 1:12-15).

Readings for this Week

- Monday: Lv 19:1-2, 11-18; Ps 19:8-10, 15; Mt 25:31-46
- Tuesday: Is 55:10-11; Ps 34:4-7, 16-19; Mt 6:7-15
- Wednesday: Jon 3:1-10; Ps 51:3-4, 12-13, 18-19; Lk 11:29-32
- Thursday: 1 Pt 5:1-4; Ps 23:1-3a, 4-6; Mt 16:13-19
- Friday: Ez 18:21-28; Ps 130:1-8; Mt 5:20-26
- Saturday: Dt 26:16-19; Ps 119:1-2, 4-5, 7-8; Mt 5:43-48
- Sunday: Gn 22:1-2, 9a, 10-13, 15-18; Ps 116:10, 15-19; Rom 8:31b-34; Mk 9:2-10

Please pray for our parishioners & extended family:

Full Recovery for:
Bob Donjacour, Christopher Lee-
Special prayers

Rest in Peace: Olga deSouza, Josephine Small
Judy Laxen, Mary Dunn

For Healing:
Elizabeth Wilson, Pat Hoffman, Joe Humphreys,
Maureen Francis, Ethel Friedrichs, Mike Marty,
Martha Ayoub, Patrick Lee, ; Teresa Hyatt,
Dalia & Estela Becerra.

Blessings to all our members who reside in
assisted living & care facilities.

Mass Intentions
February 16-22, 2018 (Fri thru Thur)

Fri.		12:10pm
Sat.	Paterno Espiritu (Healing)	4:15pm
Sun.	Carol Divita (God's Blessing)	9:30am
Sun.		11:30am
Mon.		12:10pm
Tues.	Laguda & Jimenez (Blessings)	12:10pm
Weds.		12:10pm
Thurs.		12:10pm

Give the gift of a Mass Intention.

Saints and Special Observances

- Sunday: First Sunday of Lent;
Rite of Election;
Rite of Calling the Candidates to
Continuing Conversion;
Rite of Sending
- Monday: Presidents' Day
PARISH OFFICE CLOSED
Jlian Calendar Lent
- Wednesday: St. Peter Damian
- Thursday: Chair of St. Peter the Apostle;
Washington's Birthday
- Friday: St. Polycarp; Abstinence

PEOPLE OF THE COVENANT

If there is one word that stands out in today's readings, it is "covenant." God's faithfulness and goodness serve as examples to us of how to live. Genesis tells the story of Noah and of God's covenant not only with all people, but with all of nature. Never will the cleansing waters of the flood bring their destructive power to all the earth again. The sign, the reminder to both God and nature, is the rainbow in the heavens.

The psalm reminds us of this compassion of God, and begs God to remember us, not because of our goodness, but because of God's goodness and fidelity to the promise. God shows us how to be good, not by decree, but by example.

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Lenten Fast and Abstinence

For Lent 2017, the following regulations are in place for Abstaining and Fasting in the Archdiocese of San Francisco:

- **Abstinence:** Everyone fourteen years of age and older is bound to abstain from meat on ASH WEDNESDAY, the FRIDAYS of Lent, and GOOD FRIDAY.
- **Fast:** Everyone eighteen years of age and older but under the age of sixty is also bound to fast on ASH WEDNESDAY and GOOD FRIDAY. On these two days, the law of fast allows only one full meal a day, but does not prohibit taking some food during the day, so long as this does not constitute another full meal. Drinking liquids during the day is permitted. When health or ability to work would be seriously affected, the law does not oblige. In doubt concerning fast or abstinence, a priest assigned to pastoral ministry or confessor should be consulted. In the spirit of penance, the faithful should not lightly excuse themselves from this obligation.

PRAYERS

Prayer to Our Lady of Mercy

Loving Mary, Help all who are in trouble.
Give courage to the faint-hearted,
console the sad, heal the infirm,
pray for the people,
Intercede for the clergy,
Have a special care for nuns.
Mall all enjoy your kind assistance.
Hear our prayers, O Mother,
and grant them all.
Amen.

The Saint John of God Prayer

*Dear God, through the intercession
of St. John of God, patron of the poor and the sick,
grant me the grace this day to greet every person
that I meet with understanding and compassion.
Reveal to me their needs
and give me the means to inspire in my heart
the humility and generosity
of St. John so that I might be
to them a revelation of God's Love.*

I'm looking for a few more volunteers to join our parish team that prepares dinners at

Raphael House.

No cooking experience necessary!
Raphael House, the longest-running family shelter in San Francisco, is an exceptionally well-run facility that addresses both the short and long term needs of its residents. Our St. John of God group has been volunteering there for nearly 23 years! We work in a spacious and modern kitchen under the direction of a professional cook and serve the residents family style in the dining room. This is a manageable commitment—volunteering 3 or 4 Sundays a year is enough.

Also a great opportunity for parents with kids 12 or older.

Mark Reedy (650) 380-4351, Markr2121@aol.com

Parish Calendar of Events and Meetings

PARISH LENTEN RETREAT, MARCH 1-3, 2018 (led by Verbum Dei Sisters)

Thursday evening, March 1, 2018, 7:00 to 9:00 PM

Friday evening, March 2, 2018, 7:00 to 9:00 PM

Saturday morning, March 3, 2018, 9:00 AM to 12:00 Noon

CONCLUDING MASS 50TH ANNIVERSARY YEAR OF CELEBRATION

Sunday, March 11, 2018

only one morning mass at 10:30 AM

on the Fourth Sunday in Lent and
Feast of Saint John of God (March 8).

Mass will include Sacramental Anointing
of the Sick, Blessing of Caregivers, and a

Recommitment to our

Ministry to UCSF Hospital

**Pot Luck Reception to follow
(Collins Hall)**

**Signup Sheets in the Church
by the Bulletins.**

LENTEN COMMUNAL RECONCILIATION SERVICE

Friday, March 16, 2018, 7:30 PM (including
opportunity for individual confession)

Collections

January 14 - March 17 AAA 2018 Campaign