

The “What-To-Do Café” Menu

Appetizers

- Green lifestyle: bike, be vegan or vegetarian, take public transit, buy at farmer’s markets, insulate your home, install solar panels, composting etc.
- Get informed: see bibliography on reverse, not all sources are equal

Side Dishes

- Call the governor (916-445-2841) to ban fracking or the President (202-456-1111) to stop Keystone pipeline
- Sign online or paper petitions that support your areas of concern: e.g. to ban fracking <https://secure3.convio.net/fww/site/Advocacy?cmd=display&page=UserAction&id=193>
- Give money to causes you believe in, e.g. 350.org, Greenaction for Health and Environmental Justice, Restore the Delta <http://restorethedelta.org/>
- E-mail officials on issues you care about: e.g. tell President Obama to NOT approve the Keystone XL pipeline <http://act.350.org/sign/tar-sands/>
- Join a national environmental organization: e.g. Sierra Club, NRDC, Greenpeace etc.

Soup and Salad

- Restoration work (e.g. Presidio Park Stewards <http://www.parksconservancy.org/get-involved/volunteer/drop-in-programs/presidio-park-stewards.html>;
- Garden for the Environment <http://www.gardenfortheenvironment.org/>)
- Attend a rally: e.g. Earthday SF, 11am Saturday April 19th Justin Herman Plaza, People’s Earthday 11am Saturday April 26th Martin Luther King park
- Lobby your representative on an issue (handwritten letter, phone calls); hold a letter writing party at your house!

Entrees

- Have conversations with friends and family about climate change and the political and economic systems that are causing the degradation of the environment
- Start or join an environmental committee at your place of worship
- Join a “hands on” environmental organization: e.g. 350SF (see flyer http://www.350bayarea.org/350_san_francisco next meeting February 16th Unitarian Church Franklin @ Geary 4pm), San Francisco Bike Coalition www.sfbike.org
- Help at a rally (e.g. volunteer to assist at the Earthday SF rally <http://www.350bayarea.org/earthdaysf-volunteer>)
- Support a political candidate (especially local ones with fresh perspective, e.g. Gayle McLaughlin, Green party Mayor of Richmond CA)
- Take part in civil disobedience against the Keystone pipeline http://nokxl.org/wp-content/kxl_pledge.html

Dessert*

- Book club
- Have a house party movie screening: see Resources on the back
- **Take care of your soul!** prayer, poetry, friendships, exercise, meditation, music, being out in the natural world etc. !

* Life is uncertain, eat dessert first!

Resource List

Books

Active Hope by Joanna Macy and Chris Johnstone (2012)

Doing Democracy by Bill Moyer (2001)

What's the Economy for Anyway by David K. Batkir and John de Graaf (2011)

Articles available online

- "Bill McKibben: Being Green Won't Solve the Problem" by Lindsay Abrams, *Salon*
http://www.salon.com/2013/09/15/bill_mckibben_being_green_wont_solve_the_problem/singleton/print/ Sunday, Sep 15, 2013.
- "Capitalism vs. the Climate" by Naomi Klein, *The Nation*
<http://www.thenation.com/article/164497/capitalism-vs-climate#>, November 28, 2011.
- "Changes in Ecologically Critical Terrestrial Climate Conditions" by Noah Diffenbaugh and Christopher Field, *Science*, <http://www.sciencemag.org/content/341/6145/486>, August 2, 2013.
- "Examining the feasibility of converting New York State's all purpose energy infrastructure to one using wind, water and sunlight" by Mark Jacobson et al., *Energy Policy*, (as reported in, and downloadable from, *Stanford News*) <http://news.stanford.edu/news/2013/march/new-york-energy-031213.html>, March 13, 2013.

Websites

- Thomas Berry and the Earth Community, Passionist priest <http://www.earth-community.org/bio.htm>
- Physicians Scientists and Engineers for Healthy Energy <http://www.psehealthyenergy.org/>
- Food and Water Watch, fracking and water issues especially, www.foodandwaterwatch.org
- Green Shadow Cabinet, Jill Stein, Green party presidential candidate heads this creative group studying political change across many issues, comprehensive big-picture, <http://greenshadowcabinet.us/>
- Center for Biological Diversity, local in Berkeley, focused on the critters, <http://www.biologicaldiversity.org/>
- Global Exchange, local San Francisco, blend of political savvy, social justice and ecological awareness, <http://www.globalexchange.org/>
- Greenaction for Health and Environmental Justice, local and national, people-centered, <http://greenaction.org/>

Films

- "Gasland" (2010) and "Gasland 2" (2013) fracking Josh Fox
- "Do the Math" climate change, by 350.org, ##
- "Here Comes the Sun" (2008)# renewable energy and sustainable energy in Germany#
<http://www.youtube.com/watch?v=mLHBFyfvK8A>
- "World According to Monsanto"# agriculture, genetically modified foods,
<http://topdocumentaryfilms.com/the-world-according-to-monsanto/>
- "Bidder 70" (2012) environmental civil disobedience by Beth and George Gage
- "A Fierce Green Fire" (2013)##* by Mark Kitchell history/stories of the environmental movement **Airing Tuesday April 22nd (Earthday!) 9pm on KQED TV**

Available for free on the internet

I have these movies. Contact me if you want to screen them.- donjaco@sbcglobal.net

* Available on Netflix streaming